In the Claims:

Please cancel claims 1-9, without prejudice, and add new claims 10-29, in accordance with the following complete listing of all claims ever presented. This listing of claims replaces all prior versions, and listings, of the claims in the instant application:

Claims 1-9 (Canceled)

Claim 10 (New): A composition comprising at least one conjugated linoleyl alcohol component selected from the group consisting of *cis*- and *trans*- isomers of 6,8-octadecadienol, 7,9-octadecadienol, 8,10-octadecadienol, 9,11-octadecadienol, 10,12-octadecadienol and 11,13-octadecadienol.

Claim 11 (New): The composition according to claim 10, wherein the at least one conjugated linoleyl alcohol component comprises an isomer selected from the group consisting of 9-cis,11-trans-octadecadienol, 10-trans,12-cis-octadecadienol and mixtures thereof.

Claim 12 (New): The composition according to claim 10, wherein the at least one conjugated linoleyl alcohol component is present in an amount of from 0.01 to 15% by weight.

Claim 13 (New): The composition according to claim 11, wherein the at least one conjugated linoleyl alcohol component is present in an amount of from 0.01 to 15% by weight.

Claim 14 (New): The composition according to claim 10, further comprising an additional component selected from the group consisting of conjugated linoleic acid, conjugated linoleic acid esters, and mixtures thereof.

Claim 15 (New): The composition according to claim 11, further comprising an additional component selected from the group consisting of conjugated linoleic acid, conjugated linoleic acid esters, and mixtures thereof.

Claim 16 (New): The composition according to claim 12, further comprising an additional component selected from the group consisting of conjugated linoleic acid, conjugated linoleic acid esters, and mixtures thereof.

Claim 17 (New): The composition according to claim 10, further comprising a conjugated linoleic acid ester.

Claim 18 (New): The composition according to claim 17, wherein the conjugated linoleic acid ester comprises a triglyceride of the formula (I):

$$H_2C$$
— OR^1
 \downarrow
 HC — OR^2
 \downarrow
 H_2C — OR^3
(I)

wherein R^1 , R^2 and R^3 each independently represent a $C_{6\cdot 24}$ fatty acid acyl residue and at least one of R^1 , R^2 and R^3 represents a conjugated linoleic acid acyl residue.

Claim 19 (New): The composition according to claim 10, further comprising a UV filter.

Claim 20 (New): The composition according to claim 11, further comprising a UV filter.

Claim 21 (New): A method comprising: (i) providing a composition comprising at least one conjugated linoleyl alcohol component selected from the group consisting of *cis*- and *trans*- isomers of 6,8-octadecadienol, 7,9-octadecadienol, 8,10-

octadecadienol, 9,11-octadecadienol, 10,12-octadecadienol and 11,13-octadecadienol; and (ii) administering the composition to a human or an animal.

Claim 22 (New): The method according to claim 21, wherein the composition is administered orally.

Claim 23 (New): The method according to claim 21, wherein the composition is administered topically.

Claim 24 (New): The method according to claim 21, wherein the at least one conjugated linoleyl alcohol component comprises an isomer selected from the group consisting of 9-cis,11-trans-octadecadienol, 10-trans,12-cis-octadecadienol and mixtures thereof.

Claim 25 (New): The method according to claim 21, wherein the at least one conjugated linoleyl alcohol component is present in an amount of from 0.01 to 15% by weight.

Claim 26 (New): The method according to claim 21, wherein the composition further comprises an additional component selected from the group consisting of conjugated linoleic acid, conjugated linoleic acid esters, and mixtures thereof.

Claim 27 (New): The method according to claim 21, wherein the composition further comprises a conjugated linoleic acid ester.

Claim 28 (New): The method according to claim 27, wherein the conjugated linoleic acid ester comprises a triglyceride of the formula (I):

$$H_2C$$
— OR^1
 $|$
 HC — OR^2
 $|$
 H_2C — OR^3
(I)

wherein R^1 , R^2 and R^3 each independently represent a C_{6-24} fatty acid acyl residue and at least one of R^1 , R^2 and R^3 represents a conjugated linoleic acid acyl residue.

Claim 29 (New): The method according to claim 21, wherein the composition further comprises a UV filter.